

# 2023 DANIEL FAST

## R.E.A.L.

Relationships Everyone's Always Looking for

### DAY 10

**Romans 14: 10, 12** [The Living Bible] “Remember, each of us will **stand personally** before the Judgment Seat of God. <sup>12</sup> Yes, each of us will give **an account of himself** to God.”

Today, we look at the 3<sup>rd</sup> of the 4 Practices in the Word of God by which we can love ourselves so that we can build healthy and long-lasting relationships with others. We are taking the “L” from the word, **SELF**, as the third point.

As Christians, we should understand that we are **Liable** for ourselves. The word liable in the dictionary means: *responsible by law; legally answerable*. Being liable as a Christian is taking responsibility for ourselves and our life. There comes a certain point in our life and in our walk with Christ that we must be accountable for how we live our life. Blaming others and “throwing shade” (*a subtle, sneering expression of contempt for or disgust with someone on the people of our past*) will not help us in our journey to love others.

To love others, we must love ourselves and to love ourselves means our past can no longer dominate our thoughts, our speech, and our actions. We can no longer blame our parents, siblings, an ex-spouse, a tyrant boss, a failed romantic relationship, a pastor/church, etc., for the way we act and think. Christ is alive in us. We are a “new creation.” Old things have passed away and newness of life has come.

We will give an account to God someday for this life and everyone will have to “stand before the judgment seat of God” and every person will have to “give an account of himself/herself to God.” When you are standing before God on that day you can’t say “Wait God, let me go get my mother because she’s partly to blame.” Loving ourselves so we can love others starts with taking responsibility for the life we have lived and are presently living. Being liable for yourself is loving yourself.

It's time to build Relationships Everyone's Always Looking for!

## **Worship Song:**

“Beautiful Jesus” – Passion (featuring Chidima)

<https://youtu.be/0xSKIBqQXuM>

## **Scripture Readings:**

1 Corinthians 13:11 [The Voice] *“When I was a child, I spoke, thought, and reasoned in childlike ways as we all do. But when I became a man, I left my childish ways behind.”*

Ephesians 4:22-24 [Good News Translation] *“So get rid of your old self, which made you live as you used to — the old self that was being destroyed by its deceitful desires. <sup>23</sup> Your hearts and minds must be made completely new, <sup>24</sup> and you must put on the new self, which is created in God’s likeness and reveals itself in the true life that is upright and holy.”*

Hebrews 5:13-14 [Modern English Version] *“Everyone who lives on milk is unskilled in the word of righteousness, for he is a baby. <sup>14</sup> But solid food belongs to those who are mature, for those who through practice have powers of discernment that are trained to distinguish good from evil.”*

## **Prayer:**

Father, I come before Your throne asking for mercy and grace. Help me to release my past and those that occupy the space of hurt and who have disappointed me. I no longer want to lay blame at the feet of people where my life is concerned, both the past and my present. Forgive me of blaming others for where I am in my life. I will no longer do that. My desire is to obey Your Word and love others. As I take full responsibility for my life, bring healing to my heart, mind, and emotions. I will love my neighbor as myself and I will be liable for me from this day forward. In the Name of Jesus I pray, amen!

## **Today, I need to pray for:**

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## **What is God telling me today?**

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